

CARROLLTON ATA MARTIAL ARTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00 Tiny Tigers (3½ - 6 yrs)
					9:30 Beginner Jrs (White, Orange, Yellow)
					10:15 Instructor Class (SWAT, Leadership, Legacy)
4:15 Tigers Sparring (3½ - 6 yrs)	4:15 Tiny Tigers (3½ - 6 yrs)	4:15 Tiny Tigers (3½ - 6 yrs)	4:15 Tiny Tigers (3½ - 6 yrs)	<p style="text-align: center;">PRIVATE LESSONS By *Appointment Only*</p>	11:00 Jr. Sparring/Combat (Camo - Black)
4:45 Intermediate Jrs (Camo, Green, Purple, Blue, Brn)	4:45 Beginner Jrs (White, Orange, Yellow)	4:45 Advanced Jrs (Red, Red/Blk, Black)	4:45 Beginner Jrs (White, Orange, Yellow)		11:45 All Adults (All Ranks, 12 & up)
5:30 Advanced Jrs (Red, Red/Blk, Black)	5:30 Instructor Class (SWAT, Leadership, Legacy)	5:30 Intermediate Jrs (Camo, Green, Purple, Blue, Brn)	5:30 Intermediate/Adv Jrs (Camo - Red/Blk)		
6:15 Tiny Tigers (3½ - 6 yrs)	6:00 Intermediate Jrs (Camo, Green, Purple, Blue, Brn)	6:15 Tiny Tigers (3½ - 6 yrs)	6:15 Competition Team (Leadership)		
6:45 Beginner Jrs (White, Orange, Yellow)	6:45 All Black Belts (Jrs & Adults)	6:45 Beginner Jrs (White, Orange, Yellow)	6:45 All Black Belts (Jrs & Adults)		
7:30 All Adults (All Ranks, 12 & up)	7:30 All Adults (All Ranks, 12 & up)	7:30 All Adults (All Ranks, 12 & up)	7:30 All Adults (All Ranks, 12 & up)		
					<p><u>Jan 2017</u></p> <p>Please note that we are not open every Saturday. Watch the Monthly Calendar for any changes!</p>

www.CarrolltonATA.com
(972) 418-1866

Schedule Subject to Change

Parents please help us maintain a positive learning environment by: *Keeping younger children off the workout floor and out of the dressing rooms.

*Let the Instructor do the teaching while class is in progress. *Please keep conversations quiet. *Keep cell phone use outside.

*The Office is for staff use only. *No food is allowed in the school. *Only Spill-Proof Beverages are allowed. *Students please have all gear for every class. (1/18/17)